



DailyHealth AssessmentGuidelines

Please use this symptom checklist each day before school, to assess your child for symptoms of COVID19.

- Fever (100°F or higher) within the past 24 hours
- New onset or worsening of cough (unrelated to asthma/allergies)
- Shortness of breath, difficulty breathing (unrelated to asthma/allergies)
- Sore throat
- Recent loss of taste or smell
- Chills, muscle aches, fatigue
- Headache that persists or worsens
- Nausea, vomiting, diarrhea

SYMPTOM-FREE: Students should wear their lanyard to school to indicate this.

EXPERIENCING ONE OR MORE COVID19 SYMPTOMS: Follow these steps:

1. Keep your child home and contact your healthcare provider for guidance.
2. Complete the **COVID19 Symptom Checklist** in the [Powerschool Parent Portal](#)
3. Contact your school office to report the absence.

Please feel free to reach out to your school's building nurse with any questions.